



YOUTH LEADERSHIP CAMP 2021

CAMP ACTIVITIES 10th - 31st Jan 2021



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OVERVIEW

Camp site: Buyengo





The camp will be hosted at Washarika Youth leadership Camp that is located in Buyengo, Dabani sub-county, Busia District. Buyengo is located eight kms out of Busia town, off Busia-Majanji Road. The home has five large cottages and two houses, all of which are self-contained. The site sits on a seventeen acre property, and approximately four acres will be used by the Youth Leadership Camp. The surrounding community is extremely friendly, and comprises of people that are closely related. The distance from the town, strong community bonds, prevalence of small scale farming and the suitability of accommodation and space make this location the perfect place to host a Youth Leadership Camp.

Zanzibar



Stone town

Stone Town in Zanzibar is a World Heritage UNESCO dedicated site. In Zanzibar, a blend of African, Arab, Persian, Indiana and European cultures form unique Kiswahili cultures rich with touristy artifacts, cuisines and beautiful beaches. Stone Town is incredibly safe. Unique intricate alleys form a network of little shops run by owners that thrive on strong local social networks. As a result Stone Town provides an excellent setting in which young youth will safely explore a wide variety of projects as they practice their Kiswahili.



WEEK ONE

Challenging Self & Unpacking World Views

Sunday: Arrival

a. Introductions, orientation, orientation to camp site and discuss camp rules

Monday: Preparation

- a. Discuss assigned reading on agroecology/farming systems + reading skills session
- b. Meet with village guides and discuss expectations and goals
- c. Discuss teamwork and teambuilding: what makes teams function well?
- d. How do we ensure success in the field?
- e. Building rapport, asking questions, recording your data
- f. 7:00pm Dinner and bone fire

Tuesday: Field Work I

- a. What crops are grown in the area?
- b. What have been the trends in farming over the last 25 years?
- c. What has changed and why? What has remained the same?
- d. What are the major sources of income?
- e. What problems do farmers in this area face?
- f. What attempts have been made to resolve these problems?
- g. 7:00pm: Video: Life and Debt + discussion

Wednesday: Reflection and planning

- a. What worked and what did not work?
- b. What was challenging and how did you mitigate challenges?
- c. What would you do different next time?
- d. What have you learnt? What took you by surprise?
- e. What new questions do you want to follow up with on field work II
- f. 7:00pm: Video: Food Inc. + discussion

Thursday: Field Work II

- a. Hold a focus group for follow-up questions
- b. Presentation skills
- c. Prepare group presentations (use various tools: power point, handouts, etc.)
- d. Group presentations and discussion (review presentation skills)

Friday: Free

complete reading assignments/sports/games/village follow-up

Saturday: Day trip/local sports/laundry

- a. 9:00am-10:00am Laundry and housekeeping issues
- b. 10:00am to 6:00pm: Tororo Rock Climbing



WEEK TWO

Zanzibar: Expanding Horizons

Sunday: Church/Free Day

- a. Church/Free Day
- b. Afternoon trip to Kenya

Monday: Travel to Nairobi/Zanzibar

- a. Leave for Nairobi
- b. Overnight in Nairobi

Tuesday: Nairobi

- a. Nairobi City Tour
- b. Leave for Dar
- c. Overnight in Dar

Wednesday: Zanzibar

- a. Orientation
- b. Zanzibar Beach Front
- c. Stone Town Tour

Thursday: Zanzibar

- a. Prison Island
- b. Snorkeling (optional)

Friday: Zanzibar

- a. Spice Farm
- b. Zanzibar traditional cuisine

Saturday: Dar es Salaam

- a. Travel to Dar; 6:00am Ferry
- b. Dar Mall Tours/Shopping
- c. Overnight in Dar

Sunday: Travel to Uganda

- a. Depart; 5:00am
- b. Overnight in Busia



Leadership Development and Career Planning systems

Sunday: Return

Return from Sipi Falls, Kapchorwa

Monday: Preparation

- a. Goal setting and discuss schedule for the week
- b. Discuss Mandela autobiography
- c. 10 habits of effective highly effective people
- d. Video/YouTube

Tuesday: Mobilizing the self

- a. Self-awareness activity
- b. Listening skills
- c. Review speaking/presentation skills
- d. Video/YouTube, and discuss

Wednesday: Work Ethics I

- a. Debrief video/YouTube
- b. Case studies: why some people succeed and why some fail
- c. Constructive work ethics
- d. Role of mentors

Thursday: Work Ethics II

- a. Career/goal setting
- b. Time management and work schedules
- c. Harnessing technology

Friday: Career planning and a look to the future:

- a. Successful career planning
- b. How to do succeed in recruitment interviews
- c. Preparing for life at University + internships

Saturday: Learning from success

- a. Visit by eminent personality, and discussion
- b. Program review and charting a way forward
- 8. Sunday: Checkout and depart







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